**Building Confident, Resilient Children (Continued)**

This is the third and final instalment in this series of information on the dangers of overparenting. The following are some more examples of ways some parents’ actions lead to the development of particular behaviours in children.

In response to over indulgent parents who love giving their child what is wanted and can’t stand displeasing the boy or girl by saying “no,” a child can become extremely reliant on immediate gratification, acting very wilful to that end. “Because I’m used to getting my way with my parents, I don’t let them refuse what I want.”

In response to over praising parents who can’t say enough good to their child about that boy or girl, the child can come to believe these rave reviews from parents and develop a degree of arrogance. "I know I could do better at most things than other children because my parents always tell me so."

In response to over permissive parents who want their child to have maximum freedom of self-determination to grow, a child can become intolerant of outside authority and the demands and restraints that are in force outside of the home. "I was allowed to live by own rules and can’t stand being told what I must and cannot do."

In response to over enabling parents who continually keep the child from confronting consequences of unwise or wrongful choices, a child can act with irresponsible abandon and impunity, confident of parental rescue should bad outcomes occur. "If I get into trouble I know my parents will get me out."

The secret here of course is balance. Confident, resilient children develop when: sometimes they are indulged but other times they don’t get what they want; sometimes we give them freedom and sometimes we reign them in; sometimes we go into bat for them but sometimes we let them face the consequences for their actions alone. At the end of all this, it is most important that school and home communicate about students and their needs and behaviours to ensure we are all doing our best to ensure students grow up with confidence and resilience.

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**School Holiday Dates ~ Reminder**

The last day of Term 1 is Friday April 12. This day is an out of uniform day where students are asked to make a gold coin donation to go towards charities which our student body support.

There are two weeks of holidays for teachers and students followed by two School Development Days. The additional day has been granted to allow schools to work in depth on the implementation of the NSW Syllabuses for the Australian Curriculum.

**School commences for students on Wednesday 1 May.**

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**ANZAC Service**

Our school ANZAC Service is being held on Wednesday 10 April in our school hall. Students are asked to bring in some flowers if possible to make a class dedication during the service. All students are encouraged to attend the Anzac Service at Adamstown RSL on Thursday 25 April.
Year 6 Canberra Excursion
Last Tuesday, Year 6 travelled to Canberra for a fantastic three days of learning and fun. Teachers accompanying the students were delighted with the behaviour, manners and presentation of our students. At places such as the War Memorial, students displayed the reverence such a place demands. At Parliament House, The Art Gallery, Electoral Commission and Old Parliament House, students listened politely, asked insightful questions and absorbed the learning on offer. Guides and presenters repeatedly commented on the wonderful presentation and manners of our students. Even on the way home whilst stopped at McDonalds for dinner, two members of the public approached teachers to comment on the beautiful manners of our students. These excursions are a big commitment for families as well as teachers who devote three whole days with no rewards other than the delights of seeing our students in a variety of wonderful educational settings.
Thanks to Mrs Mullard and Ms Loredo for their organisation of such a successful excursion. Thanks also to the terrific parents who joined us and helped out in so many ways.

Canteen Roster and News
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<th>Day</th>
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<tr>
<td>Wed</td>
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<td>Teena Manuel, Robyn Scow</td>
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<td>Thur</td>
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<td>Kathleen Evans, Nicole Hure</td>
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<td>Fri</td>
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<td>Karen Robards, Derek Lowe, Karen Barnett, Danielle Walsh</td>
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<td>Mon</td>
<td>8/4</td>
<td>Elizabeth Crawford, Cath Tinson, Kirsten Tower-Cooney</td>
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<td>Tue</td>
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<td>Heidi Blight, Tina Wilkie</td>
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If you are unable to do your shift, please phone Louise 0438 916 744

Macaroni & Cheese will be $2 until sold out as this will not be available in the new canteen menu.
The new canteen menu will be going home early in Term 2.
Ice Mony’s are back in stock for 70 cents.
Hats are still available from the canteen for $12.

Louise Davidson Canteen Co-ordinator

Learning and Support Team
Here at Belair we have a very effective Learning and Support Team in place. The purpose of the team is to ensure any student with additional learning needs have these met to the best capability of the school. The team, which consists of two Assistant Principals, the School Counsellor, Principal and classroom teacher, meets weekly to discuss and plan for individual students. Parents also regularly attend LST meetings to provide additional information and also to hear what the school is doing for their child. An invitation to attend a LST meeting is not a cause for concern, it is a very normal thing for parents to be included in this planning around student needs.

ICAS Competitions
Students wishing to participate in these upcoming competitions must have their money and permission notes back to their class teachers by next Friday 12/4/13. No late entries can be accepted as we need to order test papers.

P&C News
Entertainment Book Fundraiser
The P&C will be fundraising again this year with entertainment books. In 2012 this fundraiser raised over $1500. If you would like to pre-order your entertainment book, and receive extra bonuses, please return the note that you receive with today’s newsletter to the office foyer no later than Tuesday 7th April (not 31st March as stated on the note). For those people that don’t pre-order, Entertainment books will be sent home with note takers, on Thursday 11th April. Please keep your eyes peeled for their arrival home in school bags ready for your perusal over the holiday break. If you do not wish to purchase the entertainment book, please return it ASAP to the classroom. If you don’t want a book sent home at all you can let us know by sending a note into the office stating same. If you have any questions regarding the Entertainment books please contact Vanessa McNally 0419 652982.

Kind Regards P&C Committee

With this Newsletter you will receive:
Entertainment Book Flyer ~ all families
All notes are available on our school website for your convenience.